



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

NATIONAL SERVICE SCHEME



HAND BOOK & ACTION PLAN

FOR

2017 – 2018



Bharath University

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath University has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath University on the theme **HEALTHY YOUTH FOR HEALTH INDIA**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public on HIV/AIDS etc.

I Congrats all NSS Students and participants in the Bharath university NSS cell

Like last year, the year 2017-2018 shall be another year with vibrant NSS activities on the theme **HEALTHY YOUTH FOR HEALTH INDIA**. The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath University through the NSS activities.

PREFACE

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath University Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath University NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

NSS Program Coordinator

NSS Cell, Bharath University

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NATIONAL SERVICE SCHEME

1. INTRODUCTION

National Service Scheme popularly known as NSS was launched in Mahatma Gandhi Centenary year 1969 and aimed to developing student's personality through community service. The overall objective of National Service is education. This objective is attained through the service to the community.

National Service Scheme (NSS) is a permanent youth Programme under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

2. OBJECTIVE

The overall objective of NSS is Personality Development through the community service.

The broad objectives of NSS are to:

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solution to individual and community problems.
- Develop competence required for group-living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

3. MOTTO

The motto or watchword of the NSS is **“Not me but you”**. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This express the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

4. SYMBOL



The symbol of the National Service Scheme has been based on the **Giant Rath Wheel** of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portrays the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

BADGE

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Colour in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

NSS DAY

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

NSS SONG

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

We shall overcome

We shall overcome

We shall overcome some day

O! deep in my heart

I do believe that

We shall overcome some day

We'll walk hand in hand

We'll walk hand in hand

We'll walk hand in hand to- day

O! deep in my heart

I do believe that

We shall overcome some day

We shall live in peace.

We shall live in peace.

We shall live in peace to-day

O! deep in my heart

I do believe that

We shall overcome some day

We shall not be afraid

We shall not be afraid

We shall not be afraid to-day

O! deep in my heart

I do believe that

We shall overcome some day.

STRENGTH ALLOCATED AND ACTIVITIES

Regular Activities : 900 (9 Units)

Special Camping Programme : 450 (9 Camps)

Number of Engineering Colleges

Implementing NSS :4 (Institution)

No. of Adopted Villages : 9

No. of Program Officers	:	Male	Female	Total
		8	1	9

Types of Activities : 1. Regular Activities

2. Special Camping Programme

REGULAR ACTIVITIES

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers.

NSS Day Celebrations - 20 hrs.

2. Career guidance for the NSS Volunteers, by the

experts and campus work.	-	30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.).	-	26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc.	-	44 hrs.
Total	-	120 hrs.

SPECIAL CAMPING PROGRAMME

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

5. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS

Each Engineering College has to constitute an Advisory Committee to advise on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book.

The committee may consist of:

1. Vice Chancellor	Chairman
2. Principal / Dean	Members
3. Two staff members with social work background	Members
4. Representative of the Development Department, NGO	Member
5. Representatives from the adopted villages/slum/ Welfare agencies	Member
6. NSS Student leaders one (or) two	Member
7. NSS Programme Officers	Member-Secretary
8. Representative of the Youth Officers	Members

NSS UNIT AND PROGRAMME OFFICER

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

6. NSS STUDENT VOLUNTEERS

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

7. QUALIFICATION FOR THE NSS PROGRAMME OFFICER

- a. Program Officer will be selected from the members of teaching only.
- b. NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c. In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d. A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

8. NSS THEME FOR THE YEAR 2017-2018

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

HEALTHY YOUTH FOR HEALTH INDIA

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

9. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE

The activities under NSS are two-fold, viz., 1. Regular Activities which are undertaken during the working days of the semester and 2. Special Camping activities for 7 days duration in the adopted villages / Urban slum during vocation.

Each NSS unit in the college is expected to adopt a near by village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

10. NORMS FOR EXPENDITURE

Each NSS unit will be supported by Rs.22,500 per year for the following expenses.

The amount of Rs.22, 500 sanctioned to each NSS unit in the College will be utilized as follows:

a)	Special Camping at Rs.450 per volunteers		
	per day for 7 days for 50 volunteers	-	Rs.22,500
b)	Regular Activities for 100 volunteers at		
	Rs.225 per volunteers per year	-	Rs.22,500
b)	The allocation of Rs.22,500 for Regular Activities will be sent as follows:		
1.	Out-of-pocket allowance to Programme		
	Officers	-	Rs.4, 800
2.	Clerical assistance		
		-	Rs.1, 200
	Sub Total-1		Rs.6, 000
3.	Refreshment to NSS Volunteers	-	Rs.12, 000
4.	Equipments / Utensils/Books for Career Guidance	-	Rs. 2000
5.	TA to Programme Officers / Volunteers	-	Rs. 1,500
6.	Contingencies	-	Rs. 1,000
	Sub Total-2		Rs. 16,500

	Grand Total per Unit (SubTotal-1+SubTotal-2)		Rs.22, 500

11. CORPUS FUND

As per the Directorate of Collegiate Education's and State Coordinator, NSS Letter No. Rc.No. 024081/P1/2003 dated 04.07.2003 all the Engineering Colleges sanctioned with NSS units shall collect **Rs.10 from all the students joining first year at the time of admission. This amount shall be distributed as follows:**

1. Rs.3 to be sent NSS Program Coordinator, Bharath University, Chennai – 600 073
by drawing Demand Draft in favor of NSS Program Coordinator, Bharath University.
2. Rs.2 to be sent to State NSS Coordinator, Directorate of Collegiate Education, Chennai – 600 006 by drawing Demand Draft in favor of State NSS Coordinator.
3. **Rs.5 to be retained by the colleges as NSS Corpus Fund (which shall not be utilized for program expenditure for the present.)**

12. RECORDS AND REGISTERS

The following Records and Registers are to be maintained by the NSS units at the Institution level.

1. Enrolment Register of volunteers.
2. Cash Register .
3. Stock Register (Consumable & non-consumable).
4. Attendance Register for Volunteers.
5. Registers for blood grouping – 8 in number.
6. Minutes Book (College Level NSS Advisory Committee).

13. DUTIES OF NSS VOLUNTEERS

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

GUIDELINESS FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2017-18

HEALTHY YOUTH FOR HEALTH INDIA

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

Proposed activities:

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.

SUGGESTION SCHEDULE OF ACTIVITIES FOR 7 DAY SPECIAL CAMP ON THE THEME HEALTHY YOUTH HEALTH INDIA

Following activities may be undertaken during the 7 Days Special Camp:

Day 1

Inauguration of the first Day Rapport building exercise in the adopt villages
Orientation/survey: NSS volunteers may conduct survey of the area / available water resources in the adopted village.

Day 2

The second day Student role in NSS, Rallies, Health camps, environment cleaning etc.

Day 3 -4

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Upkeep and cleanliness of available drinking water resources. Use of traditional method of filtration using local material. Involvement of community in the maintenance of drinking water resources in collaboration with Health, Irrigation Departments, Municipal Committee, Panchayat Samities etc.

Day 5

Efforts may be made to ensure that the work undertaken during the camp be continued and completed by the local people. Evaluation of the work done through concerned Government Department and local people.

Day 6

Health camp, Discuss about health, Eye camp.

Day 7

Closing of the camp by inviting local people to discuss about the work done and follow up action.

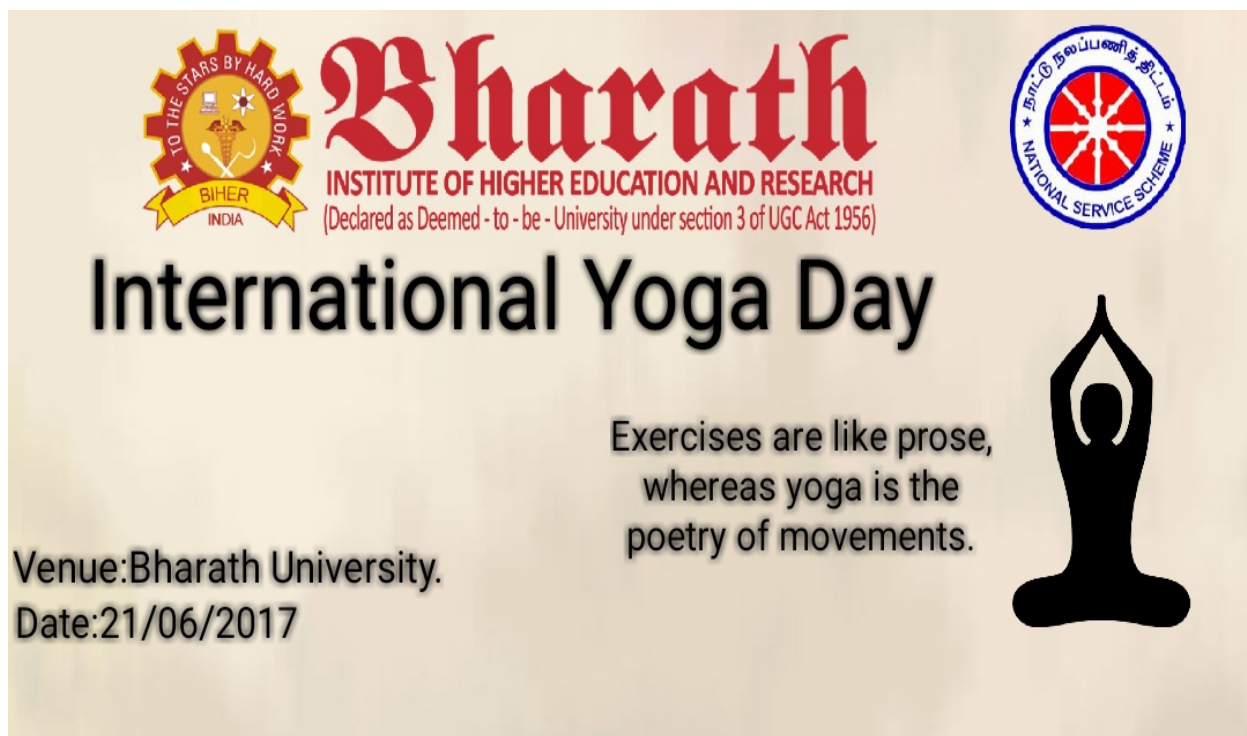
IMPORTANT: Provide the Toilet and bathroom facilities for the Volunteers. Don't allow the students to take bath in the lake or ponds.

14. REGULAR ACTIVITIES PHOTOS 2017-2018

14.1. International Yoga Day

International Yoga Day was celebrated at Bharath University on 21st June 2017.

International Yoga Day commonly and unofficially referred to as **Yoga Day**, is celebrated annually on 21 June since its inception in 2015. An international day for yoga was declared unanimously by the United Nations General Assembly (UNGA). Yoga is a physical, mental and spiritual practice attributed mostly to India. The Indian Prime Minister Narendra Modi in his UN address suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and shares special significance in many parts of the world.



International Yoga Day Celebration at Bharath University on 21st June 2017.

14.2.Observance of Swachhta Pakhwara

1st August, 2017

The audience was formally welcomed by Dr. Hameed Hussain and alongwith that he appealed the volunteers to inculcate the idea of Swachhta as one of the virtues in their respective life-world. He explicated upon the utter significance of Swachhta in our daily lives. Cleanliness at the level of body and therefore purity at the level of mind. He concluded by saying that one should focus on the purity of thought, word and action which makes an individual a true human being and an inspiration for the society. The seminar was followed by Swachhta Shapath (Oath) by all the NSS Functionaries including Volunteers.



Respected Dean of Engineering **Dr. Hameed Hussain** and along with that he appealed the volunteers to inculcate the idea of Swachhta as one of the virtues in their respective life-world on 1st August, 2017



Swachhta Shapath (Oath) by all the NSS Functionaries including Volunteers.



NSS volunteers(350) are listening to the Dean of Engineering conveying the message for the idea of Swachhta as one of the virtues in their respective life-world 1st August, 2017.

2nd - 5th August, 2017

A campus cleaning programme was conducted by NSS wing of Bharath University on 2nd -5th August at the University campus. A total of 350 NSS volunteers participated in the program. Dr.R.Karthikeyan, Program Coordinator, NSS, welcomed the gathering. Initiated cleaning activities among volunteers. He motivated students towards 'Clean India' by his inspirational talk. Dr.Hammed Hussain, Dean, delivered talks to volunteers on the importance of cleanliness starting from one's home to the entire country. The volunteers cleaned the entire campus wearing gloves and collected all the litter in big bags for disposal. The volunteers were instructed to clean their hands with soap at the end. Refreshments were distributed to volunteers. Program coordinator Dr.R.Karthikeyan, carried out all the arrangements along with the smooth conduct of the programme.

Class room Cleaning

Our NSS volunteers were cleaning the class rooms on 2nd August 2017 with enthusiasm. They were very happy on cleaning their classes. Dr.R.Karthikeyan, NSS coordinator were cheering and motivating the students by helping them with their duties. The students had finished their work on cleaning the class rooms. The lunch and refreshment had been provided.



Class room cleaning was held at **BHARATH UNIVERSITY** on 2nd August 2017 by our NSS volunteers at SWAMINATHAN BLOCK.



Our NSS volunteers cleaning the corridor on 2nd August 2017 at RAMANUJAM BLOCK, **BHARATH UNIVERSITY.**

Laboratories Cleaning

The Laboratories were cleaned by NSS students on 3rd August 2017 for welfare of students for their future use. The apparatus were cleaned by students with cleaning material. The NSS in-charge Dr.karthik were guiding the students for cleaning the laboratories.



Computer Laboratory cleaning was held in-side the laboratory by NSS volunteers on 3rd August 2017 at SWAMINATHAN BLOCK ,**BHARATH UNIVERSITY.**



Physics Laboratory cleaning was held in-side the laboratory by NSS volunteers on 3rd August 2017 at 1ST YEAR BLOCK, **BHARATH UNIVERSITY**.

Toilets Cleaning

The students cleaned toilets, regarding announcement given on top **SWACHHTAPAKHWARA** by our NSS coordinator Dr.R.karthikeyan on 4th August 2017.



Our NSS Volunteers along with our Coordinator cleaning the toilet on 4th August 2017 at
BHARATH UNIVERSITY



Our NSS Volunteers along with our Coordinator cleaning the toilet on 4th August 2017 at **BHARATH UNIVERSITY**

Playground Cleaning

Playground is more important for developing a student's skills. As much as a playground gets neat, the skills improve. So, our volunteers cleaned our playground as much as possible on 5th August 2017



Our NSS volunteers were cleaning the play ground for students benefits and making collage as clean campus by the theme of **SWACHHTA PAKHWARA** on 5th August 2017

Llibraries Cleaning

Stacks, offices, and storage areas must be kept clean of debris and dust. When dust collects on books, it absorbs and holds moisture that accelerates deterioration by acid hydrolysis. A continuing program of cleaning shelves and library materials will help to control the amount of airborne dirt. Neat, clean book stacks will also send the message to the patrons that library materials deserve respect and care.

In his book “A Library, Media, and Archival Preservation Handbook,” DePew recommends that a regular cleaning cycle should be designed so as to work through the entire library every three to eight years, depending on the size and value of the collection, local dirt conditions, and use patterns.



Our NSS students cleaning the library on 5th August 2017, at **BHARATH UNIVERSITY**



Our NSS students cleaning the library on 5th August 2017, at **BHARATH UNIVERSITY**

6th - 8th August, 2017

The key target for the project is “Open Defecation Free” (ODF), which means that a village or community has over a certain percent of the population using toilets instead of pooping out in the open. With this type of target, you either “are” or you “aren’t.” So, till villages hit the threshold where they can be certified as achieving ODF status, they are still considered non-ODF, despite any progress that has been made. This leaves a large gap in our understanding of how villages are making gains in access prior to their reaching the target.

On this process ,the students are making awareness for construction of toilets in slum area on 6th -8th August 2017.



By the theme of **SWACHHTA PAKHWARA**, 6th - 8th August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6th - 8th August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6th - 8th August, 2017 at Vengampakkam.



By the theme of **SWACHHTA PAKHWARA**, 6th - 8th August, 2017 at Vengampakkam.

There are 679 families around vengampakkam. 500 families have awareness of toilets and had constructed. 179 families are given and explained about “**Open Defecation Free**” (ODF). Within 3 months 179 families will be constructed toilets.

9th - 10th August, 2017

All the NSS Units will devote Two days for intensive cleaning of the adopted villages/slums. Efforts will be made to involve local people so that they understand the dignity of labour and develop a habit of keeping their surroundings clean.

Adoption of a village and area is a very meaningful program in NSS. It is far better to concentrate attention on one village and take up the task for development perspective, than to fritter away energy in many locations involving too many activities which may not be completed at all or where the follow up action may not be possible. From this point of view, village adoption program should ensure continuity of work sustained action, evaluation and follow up work.

The students are made their best in adopted village for cleanliness on 9th -10th August, 2017 in adopted village vengampakkam, thiruvencherry, mapped, selaiyur, M.G.R nagar & bharth nagar.



NSS volunteers were cleaning the adapted village/slum Bharath Nagar on 10th August,2017.



NSS volunteers were cleaning the adapted village/slum Bharath Nagar on 10th August,2017.

11th- 13th August, 2017

There are 153 million orphans in the world, according to UNICEF. Many of them live in institutional orphanages with deplorable conditions, where their most basic needs are not met. The children are often hungry, scared, confused and lonely.

Most institutional orphanages are overcrowded and dilapidated, some rife with corruption, neglect and abuse. Even when managed by people with good intentions, orphanages often lack the necessary funds, resources and knowledge to properly provide for the children in their care. The fact is, most of the children in these institutions don't stand much of a chance of breaking out of the cycle of poverty and thriving as independent adults.

That's why we've developed a proven 3-phase method to empower those who are trying to make a difference. Essentially, we help local orphanages help orphans.

It's time we let the world's orphans—and their caregivers—know that they matter. Together, we can make a meaningful difference by empowering each and every one of them to reach their full potential.

14th August, 2017

All the NSS Units will organize rallies in their respective cities/villages by depicting various messages of cleanliness on banners and placards to create awareness in the masses.

Cleanliness is a very significant topic and have a vast meaning in its own. It is very necessary to be followed all through the life by everyone to really enjoy the nature's beauty by living a healthy and fit life. Cleanliness is really an abstract state of being clean as well as free from dirt in order to maintain and achieve the state of being peaceful, healthy and fit. It is very necessary for everyone to understand the importance of cleanliness and maintain it forever to continue a healthy and peaceful life. Cleanliness is not only means about the cleanliness of body, it means about the cleanliness everywhere (cleanliness of body, mind, soul, home, surrounding, environment, river, and whole planet).



15th August, 2017

All the NSS Units had a meeting of NSS Volunteers in our campuses under the Chairmanship **J. Sundeep Anand** the Head of Institution and discuss the future plans of sustaining cleanliness in the area. The institution declares the institution as “**Clean Institution**”.

14.3.Tree Plantation

Tree Plantation Camp held on 8th August 2017 to 11th August 2017 at Bharath University.



Nss volunteers planting trees during tree plantation camp held at Bharath University on 8th August 2017.



Our Nss Volunteers taking the trees for planting during the Tree Plantation camp held at Bharath University on 9th August 2017.



Our Nss Volunteers planted the trees during the Tree Plantation camp held at Bharath University on 11th August 2017.

14.4. Eye Donation & Screening Camp 2017-2018

Eye Donation & Screening Camp was organized by Youth for Seva was held on 30th August 2017 at Bharath University.

India has the largest burden of global blindness. A considerable number of Indians also suffer from significant impairment of vision that threatens their ability to be physically or financially self-sufficient. The cumulative loss to the country's gross national product consequent to this is estimated to be \$11.1 billion. While the problem is formidable, the need to take up the challenge of curtailing it is compelling.

Some 27 million Indians have moderate sight impairment; nine million are classified as bilateral blind; 260,000 children are blind. The number of corneal blind people in India is 4.6 million. Of these, 90 per cent are below 45. They include 60 per cent who are below 12 years of age. Looking at the root causes, 66 per cent of the cases are preventable or curable. Out of the 4.6 million people, at least three million can benefit from corneal transplantation.

Donated human eyes help preserve and restore sight through corneal transplantation, research and education. More than 90 per cent of corneal transplant operations successfully restore vision in people suffering from blindness due to corneal problems. Infants born with cloudy corneas gain sight from transplantation.

Eye banks obtain, evaluate and distribute eyes donated by humanitarian-minded citizens for use in corneal transplantation, research and education. To ensure patient safety, the donated eyes are evaluated under strict medical standards. Donated eyes that are not suitable for corneal transplantation are used for valuable research and education purposes.



Doctor from sankara eye hospital giving awareness about Eye Donation on 30th August 2017.



Dr.Kumaravel is lighting the kuthu velaku at Eye Donation & Screening Camp on 30th August 2017 at Bharath University.



Dean Engineering Dr.Hameed Hussain checking his eyes at the screening camp at Bharath University on 30th August 2017.



NSS Volunteer is filling the Eye Donation Form on 30th August 2017 at Bharath University.



Students checking their eyes during the Eye Donation & Screening camp at Bharath University ,on 29th August 2017.



Our Bharath university staff checking their eyes During the Eye Donation & Screening camp at Bharath University on 29th August 2017.



Security checking his eyes during the Eye Donation & Screening camp at Bharath University on 29th August 2017.



Doctors at Eye Donation & Screening Camp on 30th August 2017 at Bharath University.

14.5.Observance of Swachhta Pakhwada

Clean Campus day (1st September 2017)

Clean campus day was held on 1st September 2017 at Bharath University. All Our NSS Volunteers took part in the event. Our Dean Engineering Dr.J.Hameed Hussain inaugurated the event. All the NSS Volunteers were appreciated for their wonderful work by our Dean for keeping the Campus clean.



Our NSS Volunteer cleaning the campus Our NSS coordinator Dr.R.Karthikeyan instructing the volunteer how to paint the wall at Bharath University on 1st September 2017.



Clean Campus at Bharath University on 1st September 2017.

Clean Hostel Day (2nd September 2017)

Clean Hostel Day was held on 2nd September 2017 at Bharath University hostel. All our Hostel students took part in the event. Our hostel warden Rajesh inaugurated the clean hostel day event. Our hostel warden has checked each and every room and appreciates the hostlers for keeping their room neat and clean. Many cultural events also took part during the Clean Hostel Day.



Clean hostel during the clean hostel day at Bharath University on 2nd September 2017.



Clean Hostel Reception on 2nd September 2017 at Bharath University.

Green Campus Day (3rd September 2017)

Green Campus Day was held on 3rd September 2017 at Bharath University. All Our NSS Volunteers took part in the Green Campus day event.



Green Campus Day at Bharath University on 3rd September 2017.



Clean campus Bharath University on 3rd September 2017.

Clean Mess Day (4th September 2017)

Clean Mess Day was held on 4th September 2017 at Bharath University. All the Mess in charge and cleaners were appreciated by our Dean Engineering Dr.J.Hameed Hussain for keeping the Mess clean.



Clean Mess Day Bharath University on 4th September 2017.



Hostel Mess during Clean Mess Day on 4th September 2017 at Bharath University.

Essay contest on ‘Innovative ways for spreading the message of hygiene’ (5th September 2017)

Essay contest on ‘Innovative ways for spreading the message of Hygiene’ was held on 5th September 2017 at Govt School, Thiruvencherry. All the School Students were instructed to write an essay ‘Innovative ways for spreading the message of Hygiene’. All the students were given participation Certificates.



Students in essay competition at Thiruvencherry on 5th September 2017.

Clean Surroundings Day (6th September 2017)

Clean Surroundings day was held on 6th September 2017 at Bharath University. All Our NSS Volunteers were appreciated for keeping the surroundings of the college clean including the roads leading to the college.



Roads leading to the institution on 6th September 2017 at Bharath University.

Care for the surroundings

Study of garbage cleaning system in public space(7th September 2017)

Study of garbage cleaning system in public space was held on 7th September 2017. Actions to be done in coordinate with the municipal body. Garbage clean was done at Thiruvencherry.



Garbage disposal at Thiruvencherry on 7th September 2017.

Visit to the Slum/Villages to explain the concept of cleanliness; wall writing on cleanliness & health (8th September 2017)

Cleanliness is both the abstract state of being clean and free from dirt, and the process of achieving and maintaining that state. Cleanliness may be endowed with a moral quality, "cleanliness is next to godliness," and may be regarded as contributing to other ideals such as health and beauty. In emphasizing an ongoing procedure or set of habits for the purpose of maintenance and prevention, the concept of cleanliness differs from purity, which is a physical, moral, or ritual state of freedom from pollutants. Whereas purity is usually a quality of an individual or substance, cleanliness has a social dimension, or implies a system of interactions. "Cleanliness is indispensable to our modern nation of social perfection." A household or workplace may be said to exhibit cleanliness, but not ordinarily purity; cleanliness also would be a characteristic of the people who maintain cleanness or prevent dirtying. On a practical level, cleanliness is thus related to hygiene and disease prevention. Washing is one way of achieving

physical cleanliness, usually with water and often some kind of soap or detergent. Procedures of cleanliness are of utmost importance in many forms of manufacturing.



Our Nss Volunteers Explaining about cleanliness & wall writing on the concept of health & cleanliness to general public in adopted village Vengampakkam on 8th September 2017.

Visit the market nearby to study the system for cleaning (9th September 2017)

The term normally relates to all kinds of waste, whether generated during the extraction of raw materials, the processing of raw materials into intermediate and final products, the consumption of final products, or other human activities, including municipal (residential, institutional, commercial), agricultural, and social (health care, household hazardous waste, sewage sludge). Waste management is intended to reduce adverse effects of waste on health, the environment or aesthetics.

Waste management practices are not uniform among countries (developed and developing nations); regions (urban and rural area), and sectors (residential and industrial).



Wasted vegetables in the market at Tambaram.



Clean market by our NSS Volunteers at Tambaram on 9th September 2017.

Visit the Govt hospital to study the hygiene and study for disposal of garbage and hospital waste(10th September 2017)

Hygiene is a set of practices performed for the preservation of health. According to the World Health Organization (WHO), "Hygiene refers to conditions and practices that help to maintain health and prevent the spread of diseases.

Waste management or **waste disposal** are all the activities and actions required to manage waste from its inception to its final disposal. This includes amongst other things collection, transport, treatment and disposal of waste together with monitoring and regulation. It also encompasses the legal and regulatory framework that relates to waste management encompassing guidance on recycling.



Chief Doctor creating awareness about health and hygiene to the patients. Doctor explaining about hygiene to the patients at chrompet govt hospital on 10th September 2017.

Visit To The Institutions For The Poor (Orphanages)(11th September 2017)

An **orphanage** is a residential institution devoted to the care of orphans—children whose biological parents are deceased or otherwise unable or unwilling to take care of them. Biological parents, and sometimes biological grandparents, are legally responsible for supporting children, but in the absence of these, no named godparent, or other relatives willing to care for the children, they become a ward of the state, and orphanages are one way of providing for their care, housing and education.

It is frequently used to describe institutions abroad, where it is a more accurate term, since the word orphan has a different definition in international adoption. Most children who live in orphanages are not orphans; four out of five children in orphanages having at least one living parent and most having some extended family. Most orphanages have been closed in Europe and North America. There remain a large number of state funded orphanages in the former Soviet Bloc but they are slowly being phased out in favour of direct support to vulnerable families and the development of foster care and adoption services where this is not possible.

Few large international charities continue to fund orphanages; however, they are still commonly founded by smaller charities and religious groups. Especially in developing countries, orphanages may prey on vulnerable families at risk of breakdown and actively recruit children to ensure continued funding. Orphanages in developing countries are rarely run by the state.

Other residential institutions for children can be called group homes, children's homes, refuges, rehabilitation centers, night shelters, or youth treatment centers.



Our NSS Volunteers visited the nearby old age Home and took about the old age people in the home on 11th September 2017 at Selaiyur.

Debriefing session with the Commissioner Local Body about the systems for cleanliness (12th September 2017)

Debriefing session with the Commissioner Local Body about the systems for cleanliness was held at Selaiyur on 12th September 2017. Our NSS coordinator met the Commissioner Local Body and discuss about the System for cleanliness.

‘Cleanest Hostel room’ contest (13th September 2017)

Cleanest Hostel room Contest was held at Bharath University on 13th September 2017. The Cleanest Hostel room was selected by General Public during the contest.



Clean Hostel During the Hostel Room Contest at Bharath University on 13th September 2017.

Elocution Contest on Health and Hygiene

(14th September 2017)

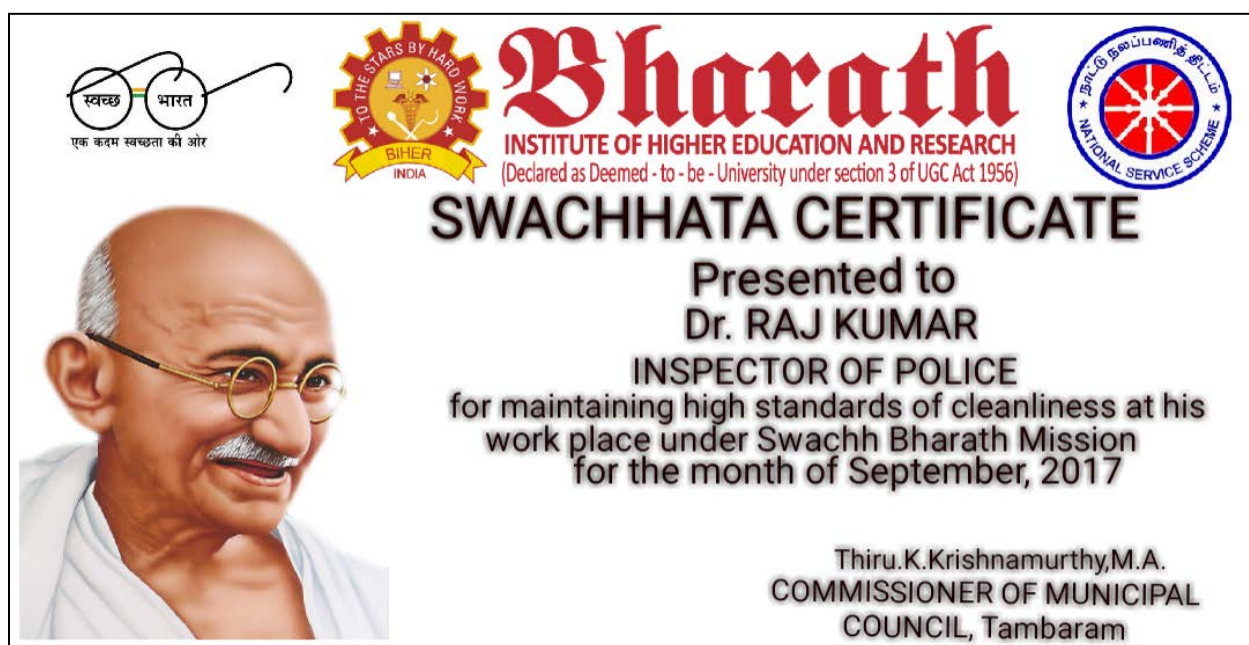
Elocution Contest on health hygiene is the real wealth held on 14th September 2017 at Bharath University. Our Dean Engineering Dr.J.Hameed Hussain inaugurated the contest.



Our Dean Engineering Dr.J.Hameed Hussain inspiring our students about health and Hygiene on 14th September 2017 at Bharath University.

Closing ceremony for distribution of prizes and certificates for participants (15th September 2017)

Closing ceremony for distribution of prizes and certificates for participants held on 15th September 2017 at Bharath University. Prizes were distributed by our Dean Engineering Dr.J.Hameed Hussain. Winners of each contests were appreciated by the Dean Engineering.



14.6. “Rally For Rivers” Rally

“Rally For Rivers” Rally was conducted by Bharath University jointly organized by Isha held on 7th September 2017.

The **Rally For Rivers** is essentially an awareness campaign among people and also to rally public support for bringing lasting Government policy changes that can help restore our depleting rivers.

India has essentially grown along the banks of major rivers. Our ancient civilizations were born along the waters, and they perished when the rivers shifted course. This is a culture that never saw rivers and water as a commodity. We realized that this was a fundamental building block of life. In the last few decades, due to the pressures of population and development, our perennial rivers are becoming seasonal. Many of the smaller rivers have already vanished. The Ganga and Indus are two of the world’s most endangered rivers, according to WWF. The Narmada, Krishna and Kaveri do not reach the sea four months of the year. **Water levels in almost every major river have declined severely.**

Our wellbeing and the nation’s wellbeing are intimately connected to the wellbeing of our rivers. **If we do not act now to reverse the serious decline of these lifelines, the next generation will pay a very heavy price.** Isha Foundation is proposing a comprehensive river rejuvenation plan to reverse this decline and revive our rivers.



“Rally for Rivers” rally was inaugurated by Dr.Hariprasad, Dr.Ravichandran , Dr.Sundarajan,Dr.Vijayaragavan , Dr.Venkatesh Babu at Bharath University on 7th September 2017.



Our Nss Volunteers during the “Rally for Rivers” Rally at Selaiyur on 7th September 2017.



Our Nss Coordinator Dr.R.Karthikeyan Sharing his thoughts about Rally For Rivers to the media on 7th September 2017 at Selaiyur.



Our NSS Coordinators Along with the volunteers During the rally at Selaiyur on 7th September 2017.



Our NSS Coordinator Dr.R.Karthikeyan creating awareness to general public at Selaiyur on 7th September 2017.



Our Nss Volunteer along with Isha Volunteer explaining about Rally for Rivers to general public at Selaiyur on 7th September 2017.



Nss Volunteers wearing the Face mask & Creating awareness during rally at Selaiyur on 7th September 2017.



Total 150 NSS Volunteers Participated in the Rally on 7th September 2017 at Selaiyur.

14.7.Rally for Rivers Meeting



Sadhguru Explaining the audience about Rally for Rivers at Nandhanam YMCA Ground on 10th September 2017.



.Our NSS Coordinator along with staff from Sree Balaji Nursing college at YMCA on 10th September 2017.



Our NSS Coordinator & Our NSS Volunteers at YMCA on 10th September 2017.



Our NSS Volunteers at YMCA on 10th September 2017.

14.8.Dr.A.P.J.Abdul Kalam Birthday Event


Our Dr.A.P.J.Abdul Kalam sir Birthday was celebrated in Bharath University by NSS Volunteers on October 15, 2017 at Bharath University. Our Dean Engineering Dr.J.Hammed Hussain inaugurated the event. 300 NSS Volunteers took part in this event.



Our Dean Engineering Dr.J.Hameed Hussain inspiring our NSS Volunteers about Dr.A.P.J.Abdul Kalam. The Life of Dr.A.P.J.Abdul Kalam was explained by our Dean Engineering Dr.J.Hameed Hussain on 15th October 2017 at Bharath University.




Our NSS Volunteers listening to Dean Engineering speech on 15th October 2017 at Bharath University.




Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



DR.A.P.J.ABDUL KALAM BIRTHDAY

Venue: Bharath University
Date: 15 Oct 2017



Remembering
Dr. APJ Abdul Kalam

**“Missile Man
of
India”**

15 October 1931 – 27 July 2015

Flow Chart for the NSS Cell:

